



GETTING READY FOR SURGERY AT UVA

Welcome to the University of Virginia Health System. We are here to provide you and your family with safe, high-quality healthcare in a comfortable and convenient setting. To make your visit as smooth as possible, please review this handout carefully.

YOU ARE COMING FOR "PREOP" EVALUATION:

Preanesthesia Evaluation and Testing Center (PETC)

at University Hospital Admissions

- Plan to be at PETC for 2-3 hours.
- You will be seen by a nurse who works with the anesthesiologist.
- You may have a blood test, test of your heart (EKG), and go to Radiology for an x-ray of your chest.
- Questions? Call 434-924-5035. The fax number is 434-243-3433.
- Remember, you may be here for a few hours. Plan for your needs such as food, drink, ride home, etc.

YOU ARE COMING FOR SURGERY:

Surgical Admissions Suite (SAS) at University Hospital

- A nurse will call you the day before your scheduled procedure to give you specific information about how to get ready and when to come to the Surgery Family Waiting Lounge.
- Questions? Call 434-924-5455
- If you are going home on the same day after surgery, the person giving you a ride must stay until you are discharged.

Reason for Surgery/Procedure _____

Name of Surgeon/Doctor _____

PLEASE BRING WITH YOU (IF APPLICABLE):

- This Information Sheet
- Insurance cards - along with any forms, co-pay or pre-authorizations required from your insurance carrier
- Copies of any X-Rays, film studies, and/or EKG or test results
- All the medicines you take or a complete list of your medicines (including over-the counter and supplements) along with the dose and schedule
- A copy of your Advance Directive if you have prepared one
- Any emergency contact names and phone numbers
- If you use equipment, such as oxygen, enough to last through your visit and trip home
- Medical equipment needed in the hospital, such as CPAP machine, with settings.
- Green Parking Garage ticket for validation
- Other:
- Follow the preparation instructions you are given:

UVA is a smoke-free facility. Smoking is prohibited in or around our buildings, grounds, and parking areas. If you smoke, please bring nicotine replacement products, if helpful.

WHERE TO PARK

Parking General and handicap parking for University Hospital, Primary Care Center and West Complex is in the Lee Street Garage, directly across from University Hospital. Upon entering the garage, you get a green parking ticket. To park for free, we will give you a pink parking ticket. Both the green and pink tickets are needed to exit the garage.

PATIENT DROP-OFF AND GREETER SERVICE.

Greeters at the University Hospital and West Complex entrances help patients and/or visitors safely enter the building. Greeters can help get a wheelchair, give you information about our shuttle service, and provide special assistance for large vehicles. Questions? Call 434-924-1122

HOSPITAL LOBBY SERVICES

The Information Desks are at each entrance. In the Hospital the Information Desk is next to Patient & Guest Services. They can help with maps and directions; foreign or sign language services; lodging; wireless access PIN; safekeeping; and hospital or community resources. Restrooms are available near each entrance. Cafeterias are located in the University Hospital and West Complex. The Chapel and Gift Shop are in the center of the Hospital lobby. Questions? Call 434-924-1122

GENERAL GUIDELINES FOR PETC AND THE SURGICAL WAITING LOUNGE

Seating is limited. Two people may wait with each patient. Others should plan to wait in the lobby. Pagers are available for patients who wish to wait somewhere else. All visitors will get a pass.

Patients waiting for surgery may not eat or drink. To respect this, there is no eating or drinking allowed.

Please keep valuables with you at all times. If possible, leave luggage in the car until it is needed.

You and anyone coming in contact with you use careful hand washing to help prevent the spread of infections. We have alcohol hand gel and masks available.

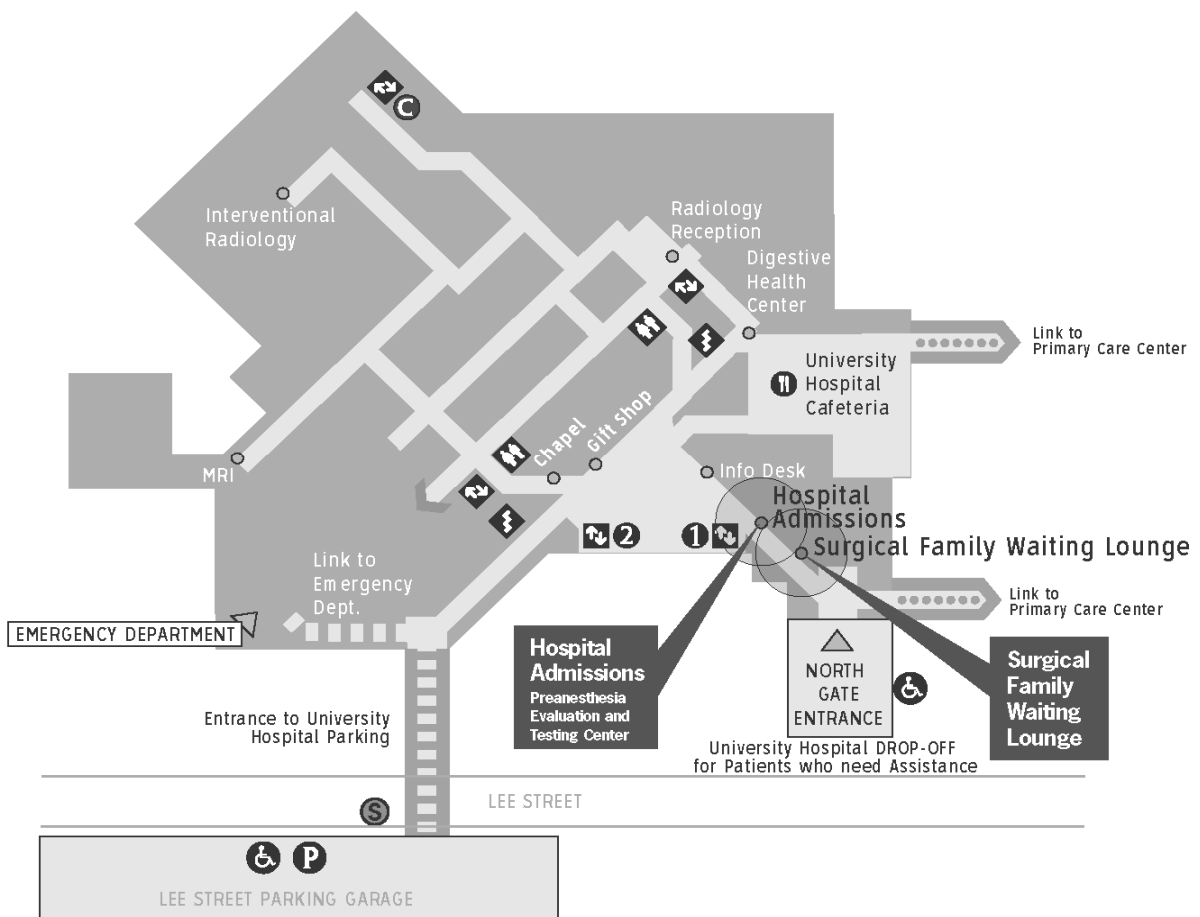
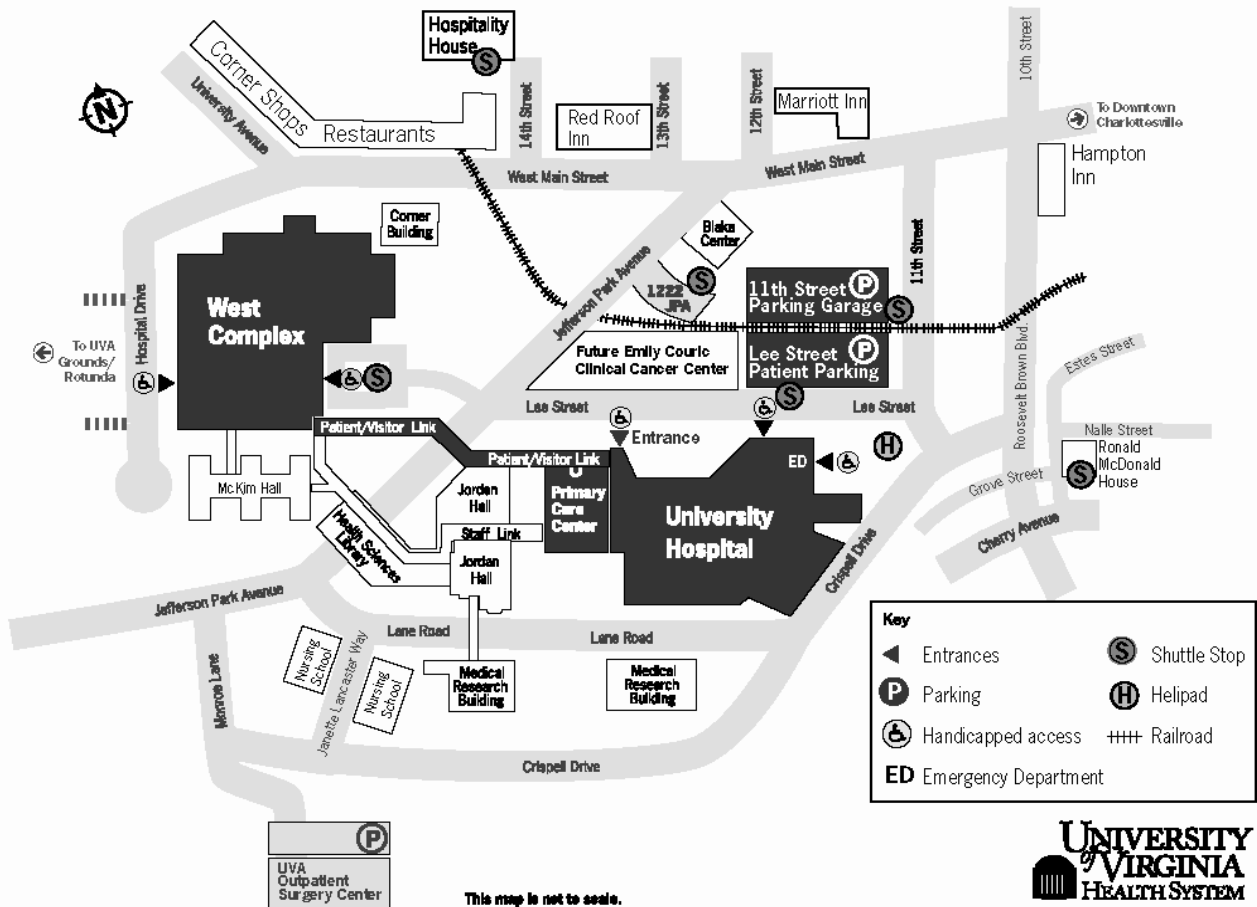
If you wish to use your own medical equipment while at the hospital, please ask your doctor to provide a written statement of approval and ask staff to have a safety check made by our Clinical Engineering Department before or as soon as possible after your admission.

We have numerous handouts available to give you information about the hospital as well as various health and safety topics. If you would like information about anything not posted, please ask us. We also have CDs available to help you relax before surgery. The TVs in the waiting areas can be tuned to channels that feature educational or relaxation programming.

The Surgery Family Waiting Lounge closes at 8:00pm. Families still waiting after 8:00pm will be taken to the 5 East Family Waiting Lounge. If you need help after hours, dial "O" on a hospital phone and ask for the Patient & Guest Services Supervisor at Pager #9229.

The daytime phone number for the Surgery Waiting Lounge is 434-924-2277.

We look forward to your visit. For more information about UVa Health System please see www.healthsystem.virginia.edu or call 1-800-251-3627.



DIRECTIONS TO UNIVERSITY HOSPITAL

1215 Lee Street, Charlottesville, VA 22908

Directions from the North

Via US 29: Continue straight on US 29, which becomes Emmet Street. Bear left onto Jefferson Park Avenue (JPA). Turn right on Lee Street and use the Lee Street parking garage across from University Hospital.

Directions from the East

Via I-64: Take exit 118B (US 29).

Take the next exit (US 29 Business). At end of ramp, turn right onto Fontaine Avenue. Fontaine becomes Jefferson Park Avenue (JPA) and then bears right toward the UVa Medical Center. Turn right on Lee Street and use the Lee Street parking garage across from University Hospital.

Directions from the South

Via US 29: Take US 29 Business exit just past the I-64 interchange. At end of ramp, turn right onto Fontaine Avenue. Fontaine becomes Jefferson Park Avenue (JPA) and then bears right toward the UVa Medical Center. Turn right on Lee Street and use the Lee Street parking garage across from University Hospital.

Directions from the West

Via I-64: Take exit 118B (US 29). Take the next exit (US 29 Business). At end of ramp, turn right onto Fontaine Avenue. Fontaine becomes Jefferson Park Avenue (JPA) and then bears right toward the UVa Medical Center. Turn right on Lee Street and use the Lee Street parking garage across from University Hospital.

