UVA PAIN RATING SCALE

PAIN RATING

ACTIVITY RATING

Worst possible pain
*Unable to do any activities because of pain*

Extreme pain
*Unable to do most activities because of pain*

Severe pain
*Unable to do some activities because of pain*

Moderate pain
*Can do most activities with rest periods*

Mild pain
*Pain is present but does not limit activity*

No pain
*Able to do all activities*


Thermometer: Used with permission from Keela Herr, University of Iowa.

To view: https://www.healthsystem.virginia.edu/intranet/per/
To order: http://www.virginia.edu/uaprint/