

A Guide to the

Infusion Center at the Emily Couric Clinical Cancer Center

We hope this guide will provide answers to many commonly asked questions about treatment in the Infusion Center.

Common Questions and Answers

Where will I go for my treatment?	Emily Couric Clinical Cancer Center (ECCCC) Infusion Center, 2 nd Floor 1240 Lee Street Charlottesville, Virginia
What do I need to know about the Infusion Center?	<p>Hours: Monday – Friday 8:00 a.m. - 7:30 p.m. and on weekends for limited types of treatments.</p> <p>Your treatment will be given by nurses in the Infusion Center. We give infusions and injections of chemotherapy, other medications and blood products. Our facility is equipped with many amenities to help you feel more comfortable including:</p> <ul style="list-style-type: none"> • Private rooms, a common room, private bedrooms • Recliner chairs with heat and massage • Outpatient pharmacy where you can pick up medications before you go home • Free WiFi • Individual flat screen televisions • A comfortable family waiting area • Head phones for music and TV • iPads • Café • Meditation Room
Can I drive to my first treatment?	For your safety driving is not advisable, especially for your first visit. Arrange to have a driver who may or may not stay with you, but who is reachable by phone to pick you up.
Where can I park? Will I have to pay for parking?	<p>Free parking is available in the Lee Street garage across from UVA Hospital and the 11th Street garage located just off Main Street.</p> <p>Valet parking is available at the front door Monday–Saturday, 7:00 a.m.–7:00 p.m. and costs \$6 (cash only). It is free for handicapped or disabled veteran license plates, tags, or placards.</p>

Who can I bring with me?	You can have 1 supportive friend or family member with you in the infusion area. Please do not bring children under 16 years of age or any sick friends or family members.
What should I bring?	<ul style="list-style-type: none"> • Your insurance cards, if applicable. • Canes, walkers or any other device that you use at home to help you walk. • The information folder provided by your doctor/nurse. • Any medications you take regularly during the day. This includes any pain medicine, herbs or supplements. • Books, music, computer and charging adaptors or other things you enjoy during down times. • Wear comfortable clothing, loose sleeves and layers and supportive shoes. Bring extra undergarments if you may potentially need them. • Favorite throw and/or small pillow. • Favorite snacks, comfort food or any special dietary needs.
Should I take my routine medicines?	<p>Your doctor may tell you not to take certain medicines the morning of treatment or to take extra medicines before coming in.</p> <p>Call your doctor's office if you are not sure about what medicines you need to take or not take on your treatment day.</p> <p>If you need to take medications from home while you are in the Infusion Center, please let your nurse know.</p>
Should I eat before my treatment?	Yes, you should eat before you come in for treatment. You may want to eat something light. Lunch and some snacks are served by volunteers to patients only.
Where do I check in?	<p>From the parking garage follow the signs to the Medical Center/Cancer Center.</p> <p>You will enter the building and be greeted by our front door team who may offer you a wheelchair. They are specially trained to help you with a wheelchair.</p>
How long will I be there?	<p>The length of treatment time varies. Plan to spend most of the day on your first day. There are many steps we have to take to ensure your safety. Please be patient with us.</p> <p>Most infusions require blood work to be done before we begin therapy. Lab results can take up to 60 minutes to process.</p>

	<p>Your nurse will complete an assessment to check for unexpected problems that may indicate it is not safe to obtain treatment today.</p> <p>Once this is done, the nurse will review the medication orders and send the orders to the Pharmacy. The pharmacists review the orders and prepare each individual dose. When medications are ready the nurse picks them up and administers them. Treatment preparation can take 30-60 minutes.</p>
<p>What happens once I arrive at the Infusion Center??</p>	<p>Once you have checked in at the Infusion Center find a seat in the waiting area.</p> <p>When a nurse and a chair/bed are available, someone will escort you to your room.</p> <p>If you do not already have an IV (intravenous) line in place, one will be placed and labs may be drawn.</p> <p>Your nurse may have certain things to check or do before you receive your medication that day.</p>
<p>What happens at the end of my infusion?</p>	<p>Once your treatment is complete, we will give you a copy of your lab results and an “After Visit Summary (AVS).” This shows your next appointment, the medications you received while at the Infusion Center and any instructions to follow at home.</p>
<p>What else do I need to know?</p>	<p>You may be able to speak with a social worker, nutritionist (dietitian), chaplain or other support service while you are receiving treatment. Ask your nurse if you would like a visit.</p>

(See other side for additional information.)

Safety

The process to safely give your treatment takes time. Please be patient with us. During this process:

- We will ask you many times to state your name and date of birth.
- Your nurse may wear gloves, masks, and gown when handling some medicines.
- Our nurses and pharmacists will check and double check your treatments before they are given to make sure they are correct.
- At each chair and bed there is a call bell. Please use it to call for assistance at any time you need it. We are happy to assist you to the bathroom or bring you something you need. Some of the medicines we give may make you sleepy or off balance, so please allow us to assist you.
- Be careful walking on floors that have different surface types. There are different surfaces throughout the building, which can increase your risk of falling.
- Please practice good hand hygiene-one of the best preventions against the spread of illness. There are hand sanitizer dispensers outside of each room. If you don't see us use these or wash our hands with soap and water before caring for you, please ask.
- You may walk around the infusion area after checking with your nurse. Please stay within the infusion area which is identified by the tile flooring when walking around. If you are on carpet, you have left the Infusion Center.