

COVID-19: Visitor Restrictions Policy

Effective: April 2, 2021

UVA Health is limiting routine patient visitation in an effort to reduce the transmission of COVID-19 and to protect our patients, team members, and the community to the greatest extent possible during the COVID-19 outbreak. UVA Health recognizes that visits from family, friends and others are important to our patients. However, the safety of UVA Health team members, patients, and visitors is our highest priority.

UVA Health has established standard exceptions for certain patients and circumstances, such as pediatric patients, patients with disabilities, transplant patients, patients giving birth, patients being discharged with complex discharge education, patients with a critical diagnosis or care planning, and patients at the end of life. Visitors and patients are informed of standard exceptions through visitor and patient education materials. Patients or visitors may also speak to their care team if they have questions about the visitation policy or exceptions.

Patients or their surrogate decision maker may identify designated visitor(s) as defined below. The designated visitor cannot change during the patient's stay.

- Patients in the University Hospital or having an inpatient procedure may name 2 adults as designated visitors for the length of the admission. The designated visitors cannot change during the admission other than by exception. Visitation is only permitted between 8 a.m. and 9 p.m. and only 1 designated visitor at a time is allowed to visit.
- Patients in the Emergency Department can have 1 designated visitor.
- Patients scheduled for an outpatient procedure can have 1 designated visitor. Please see your care team for information where you can wait during the procedure.
- There will be no visitors permitted in the clinics, other than by exception.
- At the Transitional Care Hospital, 2 designated visitor are permitted per patient. Patients may have only 1 of these designated visitors visit once per day between 9 a.m. and 4 p.m. The visitor must make an appointment by calling 434.531.9178.
- Certain patient care areas and circumstances (e.g. patients in the Neonatal Intensive Care Unit, transplant patients, patients giving birth, patients being discharged, patients with a critical diagnosis or care planning, or patients at the end of life) may have special restrictions and/or exceptions. Patients or their surrogates should talk with the patient's health care team to learn more about any special restrictions or exceptions.
- Clergy is included as 1 of the designated visitors. Some exceptions exist for end of life rituals or

related traditions.

- No visitors will be allowed for Patients Under Investigation (PUIs) or COVID-19 positive unless at end of life (follow Special Pathogen Unit guidance), pediatric patient or deemed necessary for the safety or well-being of a patient with a physical, cognitive, behavioral or other special needs as above.

Exception to the above: Pediatric patients and patients with disabilities may have one adult visitor with them 24/7 throughout an inpatient admission, emergency department visit, or outpatient visit or procedure.

Designated Visitors are subject to the following requirements:

- All designated visitors will be screened prior to building entry and must be free of contagious disease symptoms such as COVID-19, and be COVID-19 negative.
- Designated visitors must wear a mask at all times within UVA Health buildings, including at the bedside and in clinic exam rooms. Visitors are encouraged to bring a mask from home, or one will be provided during the screening process.
- Designated visitors must remain with the patient. If visitors need to travel to other areas of UVA Health facility (cafeteria, restroom, etc.), they are expected to go and then return immediately to the bedside, clinic or permitted waiting area. If the designated visitor leaves the facility, they cannot return until the next calendar day.
- Access to public space is restricted to maintain social distancing practice. Waiting options for both designated visitors and non-designated visitors are outside of Medical Center, vehicle, home, Level D of the Lee Street Garage Connector, etc.
- Food can be taken to acute inpatient rooms. The designated visitor must use a mask at all items other than when actively eating.
- Food cannot be taken to ICU units.

Care Partners and designated visitors are independent of each other. Designated visitors are not entitled to the rights of Care Partners unless the designated visitor is also named as a Care Partner. Care Partners are not permitted to visit a patient unless they have been identified as a designated visitor.

UVA Health will continue to monitor the spread of COVID-19 in our community and retains the right to include additional visitation restrictions or requirements as needed to provide for the safety of our patients and team members.