

COVID-19: Visitor Restrictions Policy

Effective January 3, 2023

In an effort to continue to protect our patients, team members, and the community at-large during the COVID-19 outbreak, patient visitation is restricted and subject to the following requirements:

1. Adult Patients

a. University Hospital

Patients can have 2 visitors at the bedside between 8AM –9 PM. 1 visitor is allowed to stay overnight at the bedside. Overnight visitor must be an adult.

b. Emergency Department, Clinics, and Outpatient Procedures

Patients can have 2 visitors. Similar to routine visitation, there may be times and locations when no visitors are permitted.

2. Pediatric Patients

a. University Hospital

Patients can have 2 visitors at the bedside between 8AM – 9PM. 1 visitor is allowed at the bedside overnight. Overnight visitor must be an adult.

b. Emergency Department, Clinics, and Outpatient Procedures

Patients are permitted to have 2 visitors. Both visitors can accompany the pediatric patient to clinic visits and to other care areas, excepted where prohibited, i.e. ORs.

3. Patients under Investigation or COVID-19 Positive

Visitation with a COVID positive patient is not without risk, and UVA Health recommends visitors discuss alternative visitation options with the patient’s healthcare team.

a. University Hospital & Emergency Department

Patients can have 2 designated visitors at the bedside between 8AM-9PM. One adult visitor permitted to stay overnight at the bedside. Designated visitors are required to follow isolation precautions and visitor guidance for COVID Positive and PUI patients.

b. Emergency Department

Patients can have 2 designated visitors. Designated visitors are required to follow isolation precautions and visitor guidance for COVID Positive and PUI patients.

c. Clinics and Outpatient Procedures

Patients can have 2 visitors. Visitors must follow isolation precautions and visitor guidance for COVID Positive and PUI patients. Similar to routine visitation, there may be times and locations when no visitors are permitted.

4. Standard Exceptions

UVA Health has established standard exceptions for certain patients and circumstances, such as pediatric patients, patients with disabilities, patients giving birth, patients at the end of life, and

patients requesting visits from clergy. Visitors and patients are informed of standard exceptions through visitor and patient education materials. Patients or visitors may also speak to their care team if they have questions about the visitation policy or exceptions.

5. Visitation Requirements

- Visitors must be 12 years of age or older.
- Visitors who have tested positive for COVID-19 or have symptoms of COVID-19 and do not yet have test results are not permitted to visit until they have completed the [CDC's recommended isolation period](#) for healthcare settings.
- Visitors who have been exposed are permitted to visit, but are required to following [CDC precautions](#) including use of a medical grade 3-ply, well-fitting mask.
- Visitors must wear a medical grade 3-ply, well-fitting mask at all times within UVA Health buildings, including at the bedside and in clinic exam rooms.
- The public is permitted to access the cafeteria, eat in the seating area and use waiting areas (e.g. lobby, surgical waiting room, clinic waiting rooms). Designated visitors visiting PUI or COVID+ patients may go the cafeteria to eat, but must return directly to the patient's room avoiding other public spaces, such as seating and waiting areas. UVA Health retains the right to further limit this access if necessary.
- Visitors are not permitted to eat in patient rooms. The visitor must use a mask, as set forth above, at all times.